

Resonate Arts are looking for volunteers

Gain valuable experience in working with people living with dementia in a safe and supported environment and work alongside some exciting artists!



Who are we?

We are an artist-led charity producing a programme of creative activities and experiences with, and for, people living with dementia in the boroughs of Westminster and Kensington & Chelsea.

We are looking for Creative Engagement volunteers to:

support people living with dementia, their carers and family members in our Creative Space groups, working alongside staff and some amazing artists. One Creative Space group is focused on movement & dance and the other group is focused on visual arts. Our sessions are geared towards working in the moment with people in the understanding that participation can take many forms. Our Creative Spaces are emotionally, culturally and cognitively inclusive dementia friendly spaces where we aim to create the right conditions for improvisation to evolve. Our Creative Spaces are rooted in a diverse array of creative and artistic practices; our focus is on enabling a fun and relaxed space for play.

What you will be doing: helping set up the space, welcoming people as they arrive at the group, making drinks, supporting people as part of a group or 1-to-1 in a creative activity, clearing up the space and contributing to the team debriefs and feedback to help future planning.

When: Monday afternoons

Where: Penfold Community Hub, NW8 8PJ (near Edgware Rd) and at Regent Hall, W1C 2DJ (Oxford St)

The impact of our work

- **Joy and Fulfilment:** we provide opportunities for people to feel joy, excitement, and satisfaction through shared expression in a safe and supportive environment.
- **Wellbeing:** Regular opportunities to be creative, to move and socialise can help to maintain or boost confidence and well-being.
- **Social Connection:** People build friendships and form informal networks of support.
- **Belonging and Purpose:** Being part of a creative community fosters a sense of belonging and purpose.
- **Beyond Words:** Creative and artistic techniques allow for non-verbal expression that communicates and connects us beyond language.

What participants say:

"I didn't expect something like this!" "You don't have to pretend you're something you're not"
"I feel relaxed, my headache has gone, I feel awake!"

The skills you will need:

- Good communication skills
- Sensitivity and awareness of others
- Be non-judgemental, open and accepting
- Ability to work reliably and as part of a team
- Be willing to listen and learn from your experiences.

What you will gain:

- The chance to contribute to something purposeful that makes a difference
- Knowledge and experience of working with people living with dementia in a safe and supported environment
- Induction, training and ongoing support
- An opportunity to develop new skills and add to your CV
- Benefits to your own wellbeing through supporting others and being creative in a social setting
- Opportunity to meet new people
- Experience in assisting creative workshops
- Be part of a team and contribute to planning, reflecting and reviewing our work
- An invitation to a range of our events
- Reimbursement for travel expenses
- A reference for your time with us

Length of volunteer roles: flexible but we are looking for a minimum commitment of supporting at least 12 sessions.

Requirements: You will need to supply two references, undertake a DBS check application and attend a an induction & training session. Please note that this role will be subject to an Enhanced DBS check, as you will be directly involved in working with adults with support and care needs.

We'd love to hear from people that reflect the diversity of communities living in Westminster and Kensington & Chelsea, people who identify as belonging to Black and Global Majority groups and people who are under-represented in the creative industries.

If you would like this information in another format, please get in touch.

We are also on the look-out for people to help us with out fundraising

Do you have fundraising experience? Do you have some exciting ideas for how we can raise our profile? If so, we'd love to hear from you! As part of the Resonate Arts fundraising team you would work alongside trustees, the Chair and the Director to generate income through increasing Individual, Community and Corporate giving. Our Fundraising team meets every 3 weeks online via Zoom and so the role can be partly remote.

If this sounds of interest, please get in touch and we can send you an application form!

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